

## **Peer Support Group Funding - What You Need to Know**

### **What's the Peer Support grant?**

The Peer Support Group Funding is a pot of money designed to help student groups (Pride, Mature Students, Disability Awareness and Neurodivergent) raise awareness and help them to develop and run activities. This money is there to support event implementation, including materials and products, or booking a workshop/activity.

### **What's the goal?**

Our aim is to back Peer Support groups to arrange their own events/activities to bring awareness and build a community, whilst having fun! We're here to assist you by providing a grant to help you achieve these aims.

### **Will our grant always get approved?**

We look at your application and see if it's a good fit for the aims and objectives of the relevant Peer Support Group. Your application will be sent to our The Diversity and Inclusion Coordinator for approval. If it is approved, we'll let you know by email and you will also be notified if your request has been denied.

Examples of activities or events you might like to run and need funding for:

Nature Walks and Outdoor Activities: Plan nature walks or outdoor excursions to connect with nature and relieve stress.

Book Clubs: Start a book club focused on literature related to personal development, mental health, or well-being, followed by discussions.

Cooking or Nutrition Workshops: Teach students how to cook healthy meals on a budget or offer nutrition workshops to promote overall well-being.

Movie Nights: Host movie nights featuring films that touch on mental health themes, followed by discussions or Q&A sessions.

Art and Creative Workshops: Offer creative workshops like painting, crafting, or writing sessions as a means of self-expression and stress relief.

Guest Speakers on Student Life: Invite university staff or alumni to share their experiences and insights on successfully navigating the university journey.

Social Gatherings: Host social events like ice cream socials, pizza nights, or coffee meet-ups to foster a sense of community and friendship among members.

### **Is there a limit to how much we can get?**

The Grant has a total of £3000 but this will be divided equally between the four Peer Support Groups; you will have access to £750 per group.

### **How do we apply?**

To apply to use this money, the President, Secretary and Treasurer of the peer support group should agree that an item needs to be purchased. One of those mentioned will need to then fill in the Peer Support Grant Funding request form which can be found here: <https://forms.office.com/e/huB6h3DnWp>

### **What happens after the approval?**

Peer support groups will not receive this money into their subs account, rather the SU will pay for something on behalf of the group, for example pay an invoice or purchase an item requested by the peer support group, or we will reimburse the peer support group via the expenses365 app if the purchase needs to be made on the day of the event e.g. pizza to have at an event.

*Please don't spend any money you are requesting before it has been approved by the SU.*

### **Can we apply in the summer?**

Yes, you can ask for the grant during the summer in case you wanted to put together a Summer event.

### **Are there any deadlines?**

No, but the money must be used within academic year. There is no option to carry over any unused funds to the following year, so make sure you spend it!

### **More questions?**

If you're still curious about the Peer Support Group Grant, email [matthew.cullum@uea.ac.uk](mailto:matthew.cullum@uea.ac.uk) for more info.