

THE

EDGE

CONFERENCE

**timetable and session guide
2018**



session 1 - 1020-1115

Running my own business: Could I? Should I? Would I?

TPSC 0.1

Are you considering running your own business or being self-employed? This interactive workshop will help you to think it through, sharpen focus and assess how close to 'business ready' you are and what you need to do to close the gaps.

Legitimacy for muggles: what Harry Potter can teach us about getting your message across

TPSC LT

This session shamelessly uses the Harry Potter franchise as a vehicle for getting you interested in developing good communication skills. Nevertheless, not being able to get your message across can be seriously detrimental to any activity, from campaigning to membership recruitment or event promotion. Come along and learn how to get students, staff, witches, and wizards

interested in your magical stuff. Robes and broomsticks optional, unforgivable curses strictly prohibited.

'Nah I'll do it tomorrow!' Hints and tips on improving your productivity!

TPSC 1.03

Brought to you by our amazing reception team leaders! They will guide you through how to avoid Netflix and upping your Instagram game, by giving you hints and tips to up your daily productivity to achieve you short and long term goals.

What the TEF is going on?

TPSC 2.01

Considering staying in Higher Education, or interested in the future of universities? A huge amount is currently changing in universities, it will significantly affect students and staff, and we're currently in the eye of the storm. Come along and we'll discuss (and explain) everything from TEF, OFS and University Expansion, to Grade Inflation and Brexit.

Get Linked!

TPSC 2.02

Get LinkedIn or locked out of a potential way to meet employers when you leave university. Learns the dos and don'ts of creating and managing your LinkedIn profile.

I Got 99 Problems but Solving Them Ain't One

TPSC 2.03

This session will look at the toughest of problems and how you can go about attacking them so they're problems no more. From work to life to uni, come along and find some practical skills that you can take away!

Bouncebackability Training: Improve your resilience

TPSC 2.24

This is an opportunity to learn more about what resilience is and develop skills you can use to improve your wellbeing and ability to cope with challenges, setbacks, and the stresses and demands of being at university as a student leader

session 2 - 1130-1230

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Tell me what you want?! What you really really want?!

TPSC LT

This session will help you to recognise ways of selling your ideas, objectives and projects. Understanding how to best communicate and negotiate with a range of stakeholders will enable you to access opportunities and support outside of the direct sphere of uea(su) and transform your student leadership skills.

Flux Capacitor, Hermione's Time Turner, the Tardis, Bernard's Watch and the Hot Tub Time Machine! Why you don't need them!

TPSC 1.03

This session, will give you hints and tips on how to effectively manage your time to make the most out of every day!

Cultural awareness and why does it matter?

TPSC 2.01

What is Cultural Awareness? This session looks at what Cultural Awareness is and the problems and difficulties International and UK BME students face and how we can support them.

I'm not arguing, I'm explaining why I'm right

TPSC 2.02

How to avoid the drama. A session on conflict management and mediation. How to pre-empt, react and handle conflict within your club/society/job/every day life. What tactics to use and how to mediate conflict between others.

Zombies vs Aliens: the Race for World Domination

TPSC 2.03

There's lots we can learn from a zombie and/or alien invasion, particularly around approaches to leadership, importance of inspiring others and sustainability of a long term goal (ie. world domination). Together, we'll explore different leadership styles, an understanding of collective responsibilities and individualism vs collectivism in leading and maintaining change.

Legitimacy for muggles: what Harry Potter can teach us about getting your message across

TPSC 2.24

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staff, witches, and wizards interested in your magical stuff. Robes and broomsticks optional, unforgivable curses strictly prohibited.

session 3 - 1315-1415

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TPSC 0.1

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How to CAMpaign with Cam

TPSC LT

Fancy learning about how to run for a student leadership position and what the job entails?! Come and chat to Cam about all the ups and downs of a student leadership position; including a presentation about the different positions, what

skills you need and an honest Q+A at the end!

Why pimping your barrow could land you a job (other activities are available)

TPSC 1.03

Recognising, documenting and communicating your awesomeness beyond uea(su). This workshop will look at how what you enjoy doing in uea(su) can inform your next move (and how to begin this process) and how to articulate what you've learned in a way that employers will get.

Flux Capacitor, Hermione's Time Turner, the Tardis, Bernard's Watch and the Hot Tub Time Machine! Why you don't need them!

TPSC 2.01

This session, will give you hints and tips on how to effectively manage your time to make the most out of every day!

**FEELING INSPIRED? HEAD
TO [UEA.VOTE](https://uea.vote) TO NOMINATE
YOURSELF FOR A SU
LEADERSHIP POSITION
TODAY**

Can you hear me at the back?

TPSC 2.02

This session will give you hints and tips on how to improve your public speaking and presentation skills.

Making the uncomfortable comfortable, with some assertive techniques

TPSC 2.03

This session will provide you with assertive techniques on how get the desired outcome you want when you feel uncomfortable asking.

Release the stress ball

TPSC 2.24

Ever wanted to find out useful tips and tools to maximise your energy levels? balance your mood map and explore your flexible thinking? Then this workshop is for you! Group discussion, tutoring and great workshop activities involved!

session 4 - 1430-1530

Zombies vs Aliens: the Race for World Domination

TPSC 0.1

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Get Linked!

TPSC LT

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The Seven faces of Customer Service

TPSC 1.03

Ever felt like you have been

on the other side of one of the seven faces when working? This workshop will give you an understanding of the customer experience and equip you with the tools to handle customer complaints.

Cultural awareness and why does it matter?

TPSC 2.01

What is Cultural Awareness? This session looks at what Cultural Awareness is and the problems and difficulties International and UK BME students face and how we can support them.

Bouncebackability Training: Improve your resilience

TPSC 2.02

This is an opportunity to learn more about what resilience is and develop skills you can use to improve your wellbeing and ability to cope with challenges, setbacks, and the stresses and demands of being at university as a student leader.

An idiot's guide to accounts

TPSC 2.03

Are the SU accounts are

mystery to you? Fear not. In one hour of thrills and spills we'll brush aside confusing terminology, master double entry bookkeeping and get a feel for where the SU makes and spends its money.

Release the stress ball

TPSC 2.24

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session 5 - 1545-1630

Another Brick In the Wall: where will you feature in the History of uea(su)?

TPSC 0.1

Many have come before you and laid the foundations, learn about some of those campaigns and ponder where will you be in the future history of the SU.

But where are you REALLY from?

TPSC LT

For UK people from Black, Asian and Minority Ethnic backgrounds, this is a common question that gets asked. It might not seem like a big deal, but it starts to add up for the individual. It's becomes about identity, assumptions and dynamics. This isn't exclusive to people from ethnic backgrounds - it can be about age, gender identity, sexual orientation, disability, class or even relationship status. This discussion-based session will look at how to navigate those awkward conversations.

I'm not arguing, I'm explaining why I'm right

TPSC 1.03

How to avoid the drama. A session on conflict management and mediation. How to pre-empt, react and handle conflict within your club/society/job/every day life. What tactics to use and how to mediate conflict between others.

activist(su)

TPSC 2.01

This workshop will provide an opportunity to learn about different forms of political action and influencing. We'll explore different types of lobbying, campaigning and action.

Tell me what you want?!

What you really really want?!

TPSC 2.03

This session will help you to recognise ways of selling your ideas, objectives and projects. Understanding how to best communicate and negotiate with a range of stakeholders will enable you to access opportunities and support outside of the direct sphere of uea(su).

FOCUS

TPSC 2.24

In this session you can pick up new skills in facilitation and learn how to run a successful focus group. This is also a chance for students to discuss and work to improve the events held by the SU.