**Dishes and their allergen content**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Dishes | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
|  | **Celery** | **Cereals containing gluten\*** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts†** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| **Example Food Item 1** |  |  | **✓** |  | **✓** |  |  | **✓** |  |  |  |  |  |  |
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**Add more rows if needed.**

You can find more information at [www.food.gov.uk/allergy](file:///Users/youssefelkholy/Downloads/www.food.gov.uk/allergy)-guidance