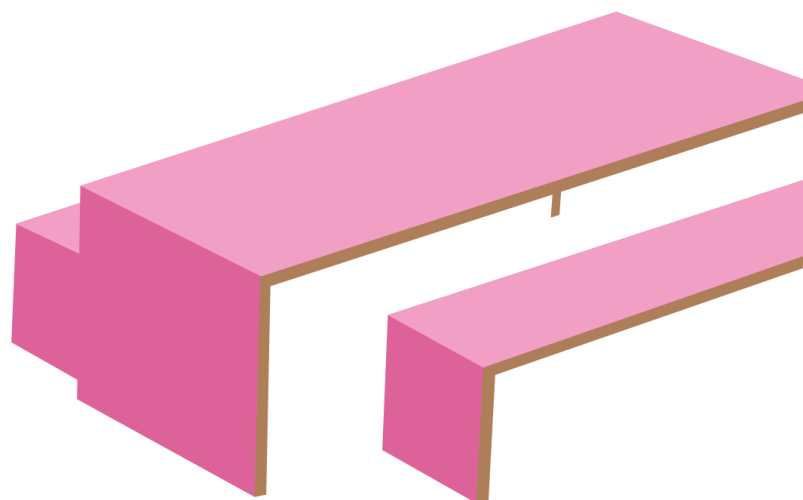
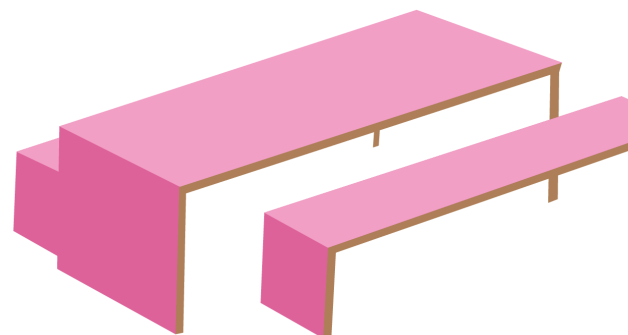




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## **your guide to:**

- **top tips for university living**



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# top tips for new students

**support** - starting university is a big deal and one thing most first years have in common is nerves.

We've all been there – but you'll find there are lots of support services from personal advisors, student wellbeing, health and welfare, advice(su), Norwich Nightline, pet therapy and of course the buddy scheme!

You can find all of this on the SU or UEA websites. It's worth getting acquainted with the services available so you can make the most of them if the need arises.

**societies & clubs** - now the fun part. The best way to find people like you is by joining the clubs and societies that interest you. Being a part of a committee is also a great way to make friends and get some experience and of course, you can stick it on your CV!

UEA has over 200 clubs and societies so it's always a good time to try something new.

**saving money: shopping** - It's tempting to pop into the closest Tesco but a great way to save money on your groceries is to shop at places like Aldi or Asda, do a group shop online with your housemates, or find out when reductions are on.

Aldi is only about a 30 minute walk from campus (I swear I don't work for them) and Thorns or Wilkos are great for buying appliances and homeware for student living.

It's worth remembering that Norwich is a haven for second-hand and independent shops - supporting these businesses can be cost-effective, sustainable, and will allow the local economy to thrive!

**saving money: travel** - if you think you're going to be using the bus often it's also worth looking into getting an annual bus pass that gives you the option to purchase a semester only pass (so you are not charged when you are back home!)

As an alternative to bus travel, you can also pick up a second-hand bike from a number of local cycle shops. There are lots of good cycle routes onto campus too, and plenty of places to lock up your ride (just make sure to purchase a good lock!)



**places to go in town** - the best place to start is probably the Norwich Market. They've got a range of scrumptious food and lots of special little stores. There are lots of unique cafés, pubs, thrift bazzars, book, music, clothes, and retro game stores scattered around Norwich.

From vintage clothes to homewares and used books, you can always find a unique bargain at the Magdelene Oxfam - or why not pop over the street to Looses Emporium to browse their weird and wonderful wares (they have an upstairs too).

The Waterfront is great for a night out and students get a free pass to the Castle Museum (and others) if that's more your thing. There are often events, pub crawls and tours into town being hosted to look out for.

If coffee and Jazz is more your vibe, the Arts Centre programmes a great selection of artists year round, and is great place for art aficionados of all stripes.

The Sainsbury's Centre (on campus) is also a wonderful (cheap) day out, exhibiting a range of fine art from around the world, from Grayson Perry to ancient Etruscan fragments. They also have a cafe and some truly space age toilets. Did I mention a certain blockbuster film was also shot there?